Important Dates:

- Wednesday, July 3rd: BHSC @ Hollymead
- 12 & under bowling: Bowlero Charlottesville, July 12th from 11:00 am 12:30 pm. Sign up here! Sign-up deadline is July 9th.
- 13 & up laser tag: Stancils' household, Friday, July 12th, from 8:00 10:00 p.m. Sign up here! Sign-up deadline is July 9th.
- JSL ads: due by July 10th. Submit your ad here!

Dear Boar's Head Families,

Today's email has five sections: 1) Practice Schedule, 2) Team Events, 3) Meet Entries, 4) JSL Ads 5) Private Lessons. Additionally, our team website, www.swimbhsc.com, is a great resource for any questions you might have.

Volunteering:

We still need 3 Table Helpers for the 2nd half of meet. Sign up here.

Practice Schedule:

Afternoon practice on July 4th is canceled, enjoy the holiday with your family! We will have Game Day practice on the morning of July 4th. Starting this week and for all future Game Days, the 9-12 practice will be from **10:30 a.m. to 11:15 a.m**.

Events:

Throughout the rest of the summer, we have a few team events. These will include:

- 12 & under bowling with coaches at Bowlero Charlottesville, July 12th from 11:00 am 12:30 pm. Sign up here! Sign-up deadline is July 9th.
- 13 & up laser tag will be played at the Stancils' household on Friday, July 12th, from 8:00 10:00 p.m. Sign up here! Sign-up deadline is July 9th.

Both bowling and laser tag will cost 15 dollars per swimmer.

Meet Entries & Info

This week we have our meet at Hollymead! A tentative list of meet entries is attached to this email. **All families: please check over the entries**, even if your swimmer should not be entered in the meet. Let me know if there are any errors. I will submit all entries by noon on Monday, so changes must be made before then. If your swimmer should not be entered and is, please let me know. If your swimmer is not entered, and you believe they should be, there are a few possible explanations:

- I may have made a mistake. If this is the case, I apologize in advance. Please let me know by shooting me a quick email.
- Your swimmer does not have the meet form, BHSC registration form and/or the JSL form submitted. All three forms can be found on the team website under registration, here.
- Your athlete cannot complete an event in a legal and timely manner. This applies to all age groups. Over the past few weeks, the coaching staff have worked to help as many swimmers reach this threshold as possible, but not everyone is quite there yet. I want to

emphasize that this is okay! If swimmers aren't ready for this meet, we have more weeks for swimmers to grow and develop.

If you have any questions or concerns about the entries, feel free to email me. On Tuesday, I will share more information about the meet logistics. Finalized meet entries will be posted on the team website on Tuesday morning. If you are new to the JSL, you can find info on the JSL and meets on our website here.

JSL ads:

Every summer, BHSC participates in the Jefferson Swim League (JSL) ad sales fundraiser to raise money for both the team and the league. These yearbook-style ads, featured in the digital heat sheet at the JSL Champs Meet, are a great way to support both organizations. By purchasing an ad, you contribute 60% of the cost to BHSC and 40% to JSL, helping sustain the league and its mission to provide a nurturing environment for young swimmers. Ads can be a picture of your swimmer with a fun quote or good luck message. Prices are as follows: Half Page (\$100), Quarter Page (\$55), and Business Card (\$35). All ads are due by July 10th. Submit your ad here!

Private Lessons:

As we progress through the summer, lessons can be a great way for your swimmers to fine tune their strokes, starts, and turns! Extra practice, especially one-on-one with a coach, can be a good way for swimmers to improve their swimming outside of practice, with individualized focus. If you are interested in lessons for your swimmer, or group lessons with 2-3 similarly abled swimmers, please contact a coach for their availability, then visit the lessons page on our website here. On the form, under extra comments/instructor, please put the name of the coach you reached out to for lessons. Coaches' contact information can be found here.

Go Boarfish! Noah

Tentative meet entries attached: