

Important Dates:

- Tuesday, June 10: Registration Deadline, register [here](#)
- Tuesday, June 10: Ice Cream Social at 11:30 a.m. on Pool Deck
- Wednesday, June 12: Team Gear Pick Up: see times below
- Wednesday, June 12: First meet BHSC @ FCC

Dear Boar's Head Families,

As we enter the first week of competition, there is much information to cover, so this email will be relatively lengthy. Please take a moment to read through the information as it covers 1) Meet Entries, 2) Team Gear (suits, caps, t-shirts), 3) Practice Schedule, 4) Lessons and 5) Team Events.

Volunteering:

We still need several 2nd half-timers for the Farmington meet and 1 more ribbon helper for 2nd half. This is a great meet to learn how to time since it will be shorter and unscored! Sign up for either position [here](#).

Meet Entries:

Our first meet, at Farmington Country Club (FCC), is this week! I am excited to see our swimmers race for the first time this summer! Meets may be stressful for some swimmers, but the goal is to enjoy the meet while bonding and creating memories. The meet is unscored, which allows everyone to get back into the swing of things and new swimmers to gain experience.

A tentative list of meet entries is attached to this email. **All families: please check over the entries**, even if your swimmer should not be entered in the meet. Let me know if there are any errors. I will submit all entries by noon on Monday, so changes must be made before then. If your swimmer should not be entered and is, please let me know. If your swimmer is not entered, and you believe they should be, there are a few possible explanations:

- I may have made a mistake. If this is the case, I apologize in advance. Please let me know by shooting me a quick email.
- Your swimmer does not have the meet form, BHSC registration form and/or the JSL form submitted. All three forms can be found on the team website under registration, [here](#).
- Your athlete cannot complete an event in a legal and timely manner. This applies to all age groups. Over the past few weeks, the coaching staff have worked to help as many swimmers reach this threshold as possible, but not everyone is quite there yet. I want to emphasize that this is okay! If swimmers aren't ready for this first meet, we have seven more weeks and six more meets for swimmers to grow and develop.

If you have any questions or concerns about the entries, feel free to email me. On Tuesday, you will receive more information about the meet logistics. Tuesday morning, finalized meet entries will be posted on the pool deck and team website. If you are new to the JSL, you can find info on the JSL and meets on our website [here](#).

Gear:

Suits have arrived for families that ordered before May 30th. If your family ordered after May 30th, your orders are being processed, and I will update you when they arrive. Custom caps are still being processed.

Suits, custom caps (pending arrival), caps, and T-shirts will be available for pick up Wednesday (6/8) during morning practice, 9:00 am - 11:30 am, and from 4:30 pm - 6:30 pm at the meet.

Practice Schedule Changes:

Starting this week, we enter the regular season with a full morning practice schedule and a condensed afternoon schedule. Morning practices are the main focus and should be attended by all swimmers if possible. Afternoon practices are available for the flexibility of families and swimmers with other commitments in the morning. The regular season practice schedule can be found [here](#).

This week we will run through a mock meet, using the starter and clerk of course benches, on Tuesday morning for all 8 and unders during regular practice time. It is highly encouraged for new swimmers to attend practice Tuesday morning. Additionally, this week we start game days, which are the Thursday morning after any swim meet. Game day has a different schedule:

- 13 and ups: water polo: 8:30 am - 9:45 am (please be 15 mins early for set up).
- ALL 8 and unders: games with coaches: 9:45 am - 10:30 am.
- 9-12s: water polo/sharks and minnows: 10:30 am - 11:30 am.

Private Lessons:

As we progress through the summer, lessons can be a great way for your swimmers to fine tune their strokes, starts, and turns! Extra practice, especially one-on-one with a coach, can be a good way for swimmers to improve their swimming outside of practice, with individualized focus. If you are interested in lessons for your swimmer, or group lessons with 2-3 similarly abled swimmers, please contact a coach for their availability, then visit the lessons page on our website [here](#). On the form, under extra comments/instructor, please put the name of the coach you reached out to for lessons. Coaches' contact information can be found [here](#).

Events:

Throughout the rest of the summer, we have a few team events. These will include:

- Ice Cream Social on Tuesday, June 11 at 11:30 on the pool deck
- 12 & under bowling with coaches at Bowlero Charlottesville, date & time TBD
- 13 & up Laser Tag, tentatively Friday, June 28, at Stancil Household from 8 pm - 10 pm

The Ice Cream Social is open to all swimmers. Bowling and Laser Tag sign-ups will be open within the next few weeks. Both bowling and laser tag will tentatively cost 15 dollars per swimmer.

Looking forward to a great meet on Wednesday and a fun rest of the summer!

Go Boarfish!
Noah

Tentative meet entries attached: